The purpose of this DVD is to bring the techniques to life in a visual format. Many of the techniques contained the text, "Soft Tissue Mobilization Techniques" can be enhanced with the dialog and media presentation of live expression. Learn the importance of body mechanics performing while these techniques and hear from the authors how to modify your treatment to achieve even greater results. Combining the written material with the DVD material is the best approach to learning all of the techniques.



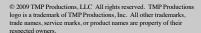


Running Time: Approximately 161 minutes

Certain presumptions are made by the authors to all those who use this manual. Each clinician should have knowledge of functional anatomy, physiology, and kinesiology relative to injury. Clinicians should have skills in identifying and palpating bony landmarks, joint

articulations, ligamentous structures, musculotendinous units, connective

tissue, and muscular soft tissue structures. In addition, clinicians should have knowledge of physiologic bodily responses to trauma, injury, and healing.



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¹ a combination of manual techniques designed to relax, release, and stretch soft tissue

² the purpose of "Soft Tissue Mobilization Techniques" is to guide the practicing clinician towards selecting the most effective soft tissue mobilization techniques in order to achieve specific musculoskeletal functional outcomes

James J Spoerl MEd, PT, ATC, Cert. MDT • Edie K Benner PT, PhD, OCS • Mark D Mottice MS, PT